



TERMS OF USE

for Your Free Competent CAT (Cataliz_AI: Conscious Alignment Technology)

Welcome to the Competent CAT! These Terms of Use outline how to make the most of this CAT, the boundaries of this service, and your commitments as a user. By engaging with this CAT, you acknowledge and agree to these terms. If you have any concerns or questions, please contact me before proceeding.

This product is offered in compliance with Australian Consumer Law.

1. How The Competent CAT Works

The Competent CAT is the free, no-frills version of my Conscious Alignment Technology. It's designed to help you stay focused by organising and managing your to-do list. While it doesn't include fancy extras or deep mindset work, it's a simple, effective companion to keep you on track with gentle accountability and encouragement. Its primary purpose is to support you in:

- Managing your time effectively.
- Providing basic self-care reminders, accountability, and motivational nudges.

Limitations: The Competent CAT is a generic productivity tool and does not offer personalised advice or retain a memory of your previous conversations. At the end of the day, it will summarise your progress and give you a list of anything that did not get done.

You will need to write these down rather than relying on tomorrow's CAT to remember anything from today.

Hiccups: CATs are not infallible. Sometimes they get confused, forget what they are supposed to be doing, or misunderstand what you have said. Correct them gently and they usually apologise sweetly and get back on track. However, if this is a consistent issue that is interfering with your enjoyment of this CAT, please contact me so I can troubleshoot it.

Upgrading: The Competent CAT is a provided free of charge and does not include personalised support or access to the CAT community. For additional features or customisation, consider upgrading to a Cloned or Clever CAT.

2. Confidentiality and Privacy

Your privacy is my priority. Here's what you need to know:

Chat Content: This CAT is built and hosted through Pickaxe.

You can find the Pickaxe Privacy Policy [here](#).

It says: "Any text inputs submitted to a pickaxe on the platform are considered data which is accessible to the respective pickaxe owner. This includes personal information submitted directly into the text fields of a pickaxe. The pickaxe owner retains the right to utilize this data in various ways, including but not limited to its publication or application towards enhancing their pickaxe's performance and responses."

That means I have access to your conversations with your CAT. However, the chat logs are deidentified, so I don't know who you are. I may occasionally view these logs for market research and product improvement purposes, but I will never make them public and will delete them regularly.

If privacy is a major concern for you, please consider upgrading to a Clever CAT, as its chat history is private and visible only to you. If you have any other specific concerns about privacy, please ask me for more information.

Data Usage to Train AI: It's important to note that whenever you submit content to any AI tool, there is a minimal residual risk that a small portion of your data may influence the

publicly available third-party systems and Large Language Model used to power that tool. An AI's databank works a bit like a huge library filled with examples it has learned from, rather than exact copies of what you submit. When you share content with the AI, it doesn't save or store your words directly. Instead, it uses the information to refine its general understanding and improve its ability to respond in the future. This risk is mitigated through stringent privacy controls and anonymisation processes. Any influence your input may have on the AI is indirect and aggregated, ensuring that no identifiable or specific data can be extracted or traced back to you.

3. Intellectual Property and Licensing

This CAT's programming, instructions, and structure are proprietary to my business and contain trade secrets. I implement measures to protect these trade secrets, including restricted access to the backend configuration and monitoring for any potential misuse. By using this CAT, you agree not to share or replicate its programming for any purpose beyond your personal use. I trust that you will respect the time, effort, knowledge, and skill that has gone into creating this CAT for your benefit.

By using this CAT, you agree to the following:

Non-Compete: You will not use or reverse engineer this CAT's programming, instructions, or any insights gained into its design to create a similar product or service for others. The way this CAT functions, its structure, design, and methodology are trade secrets protected under these Terms of Use. Any variation to this restriction must be explicitly agreed to in writing. I would love to hear from you if you have an idea for a collaborative project or would like to discuss creating white-label CATs to be used under your branding for specific purposes.

Sharing Restrictions: This CAT is for your personal use only. You must not share this CAT's link or allow others to interact with it directly. However, you are welcome - and encouraged - to share how this CAT supports you, including through screenshots or screen sharing, provided you clearly acknowledge me as the creator. Sharing this way to inspire or refer others is greatly appreciated - thank you for spreading the word!

4. No Guarantee of Results

I (and this CAT) can make suggestions, but how you manage your usage (and your day) is entirely up to you. While I ardently hope that this CAT will be everything you hope for and will help your wildest dreams come true, we are stretching the limits of the system. I make no promises of results because the relationship that develops between you and this CAT depends on a multitude of factors beyond my knowledge and control. There are no guarantees or warranties, only an endless curiosity to explore what else is possible.

5. Limitation of Liability

Responsibility for your actions: It is a condition of use that you take full responsibility for your own actions when engaging with a Cloned CAT. Please conduct your own research, ask lots of questions and make fully informed choices about whether a particular course of action is right for you. Your CAT is never telling you what to do, it can only make suggestions for your consideration. Use your own integrity, stand in your power, and explore all the options before making decisions. As a result, you agree to hold me blameless for anything that might go wrong while you are on this journey. To the maximum extent permitted by law, you absolve me of all liability for any claim arising out of or in connection with a Cloned CAT. This limitation applies to all types of claims, with the exception of claims under Australian consumer law.

Not a substitute for professional advice: Cloned CATs are AI-powered tools designed to provide general productivity support, mindset guidance, and task management. While they can be helpful for organising your day and aligning with specific goals, they are not a substitute for professional advice.

You should not rely on Cloned CATs for:

- Legal, financial, counselling, mental health or medical advice.
- Personalised business strategies or decisions requiring expert input.

Always consult a qualified professional for matters that require expertise in these areas.

6. Jurisdiction & Dispute Resolution

If a dispute arises, you agree that you will not engage in any public discussion about the issues, will behave politely towards me, and will avoid any conduct or communication which might reasonably be expected to interfere with my business or personal interests. You agree to act in good faith and be reasonably cooperative at all stages of the dispute resolution process. I will treat you with the same consideration.

If you have any concerns, issues or complaint arising out of your use of this CAT or these Terms, you agree to communicate with me with the intention of making a genuine effort to seek a win/win solution and trying to resolve the dispute in good faith through negotiation and discussion. Please email me at contact@carefreecounsel.com and expect a response within 2 business days.

If there is a problem, you agree to meet with me in good faith to discuss it and try to make a genuine effort to find a win-win solution. If the problem cannot be resolved within a reasonable time, you agree to engage in mediation and alternative methods of dispute resolution, with litigation being a last resort and any mediation costs shared equally. I commit to making a similar effort to resolve any disputes in a friendly manner.

These Terms of Use are subject to the governing law of New South Wales. Regardless of where you live in the world, you irrevocably agree that if the dispute resolution processes fail, the courts of New South Wales, and the Commonwealth of Australia, will have exclusive jurisdiction.

7. Acceptance of these Terms

A link to these Terms of Use was provided on the CAT sales page, and they are set out in my Content Portal where you access this CAT. These Terms are a legally binding contract between us. Please contact me immediately if you have any questions or concerns.

These Terms of Use may be amended from time to time. You will be notified of any changes, and continued use of this CAT will signify acceptance of the updated terms.

I have done my best to create a contract that cares for us both – so if you feel that anything here is unfair, I warmly invite you to discuss your concerns with me. Thank you for trusting

me to create a tool that supports your growth and aligns with your unique journey. I hope you and this CAT make marvellous magic together!

Termination: I reserve the right to terminate access to the Competent CAT at any time, without prior notice, if these Terms of Use are violated.

